PIVOT POINT
Advantage

Sell Without Selling™
Success Workbook

Week 3 - Module 4:
Money, Success & Worthiness Rewiring

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Week 3 - Rewiring the Voice in Your Head
Shift the internal dialogue that shapes every sales outcome
Module 4 - Money, Success & Worthiness Rewiring

1. Describe the earliest memory you have of money having emotional weight (stress, fear, pride, conflict, responsibility). What did your nervous system learn in that moment?

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2. When success shows up in your life, what emotions arise first? Relief, pressure, fear, excitement, guilt? Be specific.

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3. In what ways do you struggle to receive—money, praise, ease, support—without justification or over-delivering?

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4. Where do you feel identity discomfort when pricing your offers or stating your fee? What identity feels threatened?

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5. What responsibilities or expectations do you associate with higher income that feel emotionally unsafe?

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6. Where do you notice self-sabotage after wins or momentum? What does your nervous system try to protect you from?

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7. Which feels more destabilizing in your body: hearing a firm NO or receiving a clear YES? Why?

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8. Which identity-based money pattern do you most identify with (Saver, Overgiver, Underearner, Hustler, Avoidant)? How does it show up?

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9. What level of visibility, responsibility, and leadership feels emotionally safe right now? Where do you feel resistance?

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10. What would becoming fully available to receive—without shrinking—require you to believe about yourself?

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